Cassanovum EGG contains vitamins and minerals for women to help improve egg quality and general fertility to support the chances of conception either naturally or through IVF treatment.

SUGGESTED USE of Cassanovum EGG

Directions for Use: As a dietary supplement. Start on any day of the menstrual cycle - adults take 1 tablet daily in the evening with a full glass of water. Minimum supplementation for benefit is 3 months. Can be used with other Cassanovum Supplements especially Cassanovum Uterine Health.

Stop supplementation once pregnant.

3 Months Minimum Supplementation

You have started supplementation. Remember to drink plenty of water and maintain a healthy diet (varied food, no diets aimed at losing weight). Your body will start to prepare for a pregnancy. This is an excellent time to start learning your body rhythm and phases it goes through during each cycle. It is good practice to use Ovulation Tests to help identify ovulation and so know when your most fertile days are starting. Cassanovum Uterine Health Supplement could be used to complement benefits of Cassanovum EGG.

WHY THREE MONTHS?

It takes approximately 3 months for an immature egg to develop into a mature egg ready for ovulation, and this is the crucial window of opportunity to improve your egg quality. Whether you are trying to conceive naturally, through IVF or after a loss it is important that you do what you can to improve egg quality.

REMEMBER: Trying to conceive is a process that may take time - healthy fertile couples should conceive within 2 years of trying, with the help of supplementation this time can be shortened. You can become naturally pregnant at any point during supplementation, for IVF treatment we highly recommend at least 3 months supplementation to maximize your chances of a successful egg retrieval and healthy attachment.

Will it work for me?

Cassanovum EGG is a carefully balanced comprehensive formulation with effective doses of multivitamins, minerals and herbs to help build, nourish and protect the eggs maturing in the follicles in preparation for ovulation or egg retrieval. Healthy good quality eggs are very important, amongst many factors, that allow successful pregnancy, so we also recommend Cassanovum Uterine Health that prepares the uterus for a successful attachment. These 2 supplements taken together will give you a healthy start on your journey to becoming pregnant. Strongly recommended before IVF treatment.

Also Available:

We have a variety of supplements available as every woman is different and may need support in different ways. Always make sure that you are choosing the right supplement suited to your needs - if in doubt please ask.

1. **Cassanovum Original** - Pure Cassava Root Extract & Folic Acid. This supplement was especially designed to gently and naturally help women prepare for a pregnancy.

2. **Cassanovum PLUS** - Fortified with powerful natural ingredients to maximize chances of conceiving and also prepares for a healthy pregnancy. May support case of IRREGULAR & ABSENT cycles.

3. **Cassanovum BOOST** - Specially formulated to support healthy ovarian function including: egg quality, healthy uterine lining. Recommended for: Increase of FERTILE Cervical MUCUS.

4. **Cassanovum Motility & Count** - Specially formulated to help support male fertility through optimal sperm maturation and development. Recommended for MEN 3 months prior to TTC.

5. **Cassanovum Sugar CONTROL** - has been designed for women and men with any form of Insulin Resistance to help control blood sugar and free testosterone levels naturally. May support PCOS women TTC.

6. **Cassanovum Uterine Health** - is a composition of multivitamins, minerals and herbs specifically formulated to help build, nourish and protect the uterine lining in preparation for a successful implantation and development of the baby. Suitable for women trying to conceive to be taken 3 months prior to TTC for Optimum preparation.